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CHOICE OUTSTANDING ACADEMIC TITLE 2015 Many of us think of European countries as discreet entities—their own languages, cultures, food, and economies squarely contained within their national boundaries. But in fact Europe is at once a unified place and a sophisticatedly fragmented one, and national boundaries rarely reflect its social and economic realities. The social atlas of Europe is the first atlas to map Europe according to these realities, from the perspective of human geography rather than simply a political one. Using innovative full-color visualization methods, it reconsiders European identity through its many different facets: economy, culture, history, and human and physical geography, visualizing Europe and its people in a more fluid way, in some cases using maps without artificial national boundaries. It utilizes the latest available demographic, social, and economic data through state-of-the-art geographical information systems and new cartography techniques. Through these new visualizations, this highly illustrated book offers fresh perspectives on a range of topics, including social values, culture, education, employment, environmental footprints, health and well-being, and social inequalities and cohesion. It is a bold rethinking of Europe as we know it and will be of interest to anyone who wants to understand the continent in its truest form.

Thousands of consumer products around the world contain ingredients obtained from wild plants. Wild harvest accounts for some or all the harvest of the great majority of plant species in trade (between 60-90 percent). Wild-harvested plants often come from the most biodiverse ecosystems on earth and many have been used traditionally or by local communities for generations. While these products have global markets and provide critical sources of income, they can also have deep ties to particular cultures and places. Demand for wild plant ingredients is growing rapidly, having grown by over 75 percent in value over the past two decades. Thousands of harvested species are at risk mainly from a combination of overharvest and habitat loss: of the 21 percent of medicinal and aromatic plant species whose threat status has been assessed, 9 percent are considered threatened with extinction. Despite their ubiquity, importance, and the threats facing them, wild plant ingredients are often obscured from consumers and escape companies' due diligence due to a lack of awareness and traceability. Best practice standards exist but have yet to capture a significant portion of the market. This report aims to address these challenges by making information on a selection of 'flagship' wild plant ingredients, the Wild Dozen, readily available and easy to understand. By offering this information without obligation to a specific prescription for follow-up action (e.g. through certification or policy change), it is hoped that a wide range of users will access the report as a first step towards responsible sourcing. Along with a broader update on the state of wild plants trade, the report provides a 'profile' on each of the Wild Dozen species, summarising key facts on production and trade. Each profile contains a traffic-light risk rating on biological and social factors, along with an overview of opportunities for responsible sourcing. The information is aimed at industry, consumers, policy-makers, investors, and practitioners, concluding with a summary of what these various stakeholders can do to contribute to a sectoral shift towards responsible sourcing of wild plant ingredients.

The authoritative guide for dietetic students and both new and experienced dietitians - endorsed by the British Dietetic Association Now in its sixth edition, the bestselling Manual of Dietetic Practice has been thoroughly revised and updated to include the most recent developments and research on the topic. Published on behalf of the British Dietetic Association, this comprehensive resource covers the entire dietetics curriculum, and is an ideal reference text for healthcare professionals to develop their expertise and specialist skills in the realm of dietetic practice. This important guide includes: The latest developments and scientific evidence in the field New data on nutrition and health surveillance programs Revised and updated evidence-based guidelines for dietetic practice An exploration of how Public Health England has influenced the field Practical advice on public health interventions and monitoring A companion website with helpful materials to support

and develop learning Written for dietitians, clinical nutritionists, and other healthcare professionals by leading dietitians and other professionals, the Manual of Dietetic Practice continues to provide a crucial resource for experts and novices alike.

Snack Foods: Processing and Technology presents the use of different raw materials, processing technologies, quality attributes of snacks, machinery requirements, and innovative thoughts for future product development. These items are discussed in 15 chapters, including recent technologies leading to the industrial production of popular snacks and healthy products. The discussion on artistic snacks and troubleshooting are the new additions. This book will be of use to entrepreneurs, academic and research institutes, professionals in the field, and personnel from industries. Covers recent technologies like pressure/vacuum frying process, par frying, agglomeration, use of infra-red, radiofrequency Explores the use of innovative methods for the development of healthy snacks Includes indications for the wide commercialization of traditional foods in the near future

A life-changing, research-based program that will end food allergies in children and adults forever. The problem of food allergy is exploding around us. But this book offers the first glimpse of hope with a powerful message: You can work with your family and your doctor to eliminate your food allergy forever. The trailblazing research of Dr. Kari Nadeau at Stanford University reveals that food allergy is not a life sentence, because the immune system can be retrained. Food allergies--from mild hives to life-threatening airway constriction--can be disrupted, slowed, and stopped. The key is a strategy called immunotherapy (IT)--the controlled, gradual reintroduction of an allergen into the body. With innovations that include state-of-the-art therapies targeting specific components of the immune system, Dr. Nadeau and her team have increased the speed and effectiveness of this treatment to a matter of months. New York Times bestselling author Sloan Barnett, the mother of two children with food allergies, provides a lay perspective that helps make Dr. Nadeau's research accessible for everyone. Together, they walk readers through every aspect of food allergy, including how to find the right treatment and how to manage the ongoing fear of allergens that haunts so many sufferers, to give us a clear, supportive plan to combat a major national and global health issue.

One mistake can shatter dreams and shape the future. Alexis knows this first hand. Even though her memory of that day is hazy, she has spent the last ten years trying to put it behind her. Armed with the knowledge that her career will be her only legacy, Alexis works night and day to prove that she is more than just her last name. It's not only that she doesn't have time for love. She doesn't have the heart for it. After all, there's no point in starting something you can't finish. When she meets Adam, she's drawn to him in a way even she can't deny. The film student is dark and brooding and strangely charming. He's the perfect distraction from her mundane life. And, as if fate is pushing them together, he seems to be around every corner. It's enough to almost make her entirely forget about her past and take a chance. But Adam can recall every detail that she's forgotten. What she doesn't remember, he can't forget.

Recent years have seen a remarkable expansion in the scale and importance of economic, social, and cultural rights (ESC rights), culminating in the adoption of the Optional Protocol to the International Covenant on Economic, Social and Cultural Rights in December 2008. The Protocol gives individuals and groups the ability to bring complaints about rights violations before the UN Committee on Economic, Social, and Cultural Rights. Against this background, this book focuses on the question of how fundamental socio-economic human rights enshrined in international law are defined, interpreted, understood, and implemented. It assesses how effective efforts to realize ESC rights have been and investigates the contemporary challenges obstructing their protection. It sets out the impact of the global financial crisis and austerity measures, the human rights responsibilities of corporations, and trends in the justiciability of those rights at the national and international level. The interrelationship between ESC rights and other legal regimes such as trade and investment law, environmental law, international criminal law, and international humanitarian law is also thoroughly examined. After an introduction by the editors the book contains seventeen chapters look-

ing at the main questions which shape the progressive realization of ESC rights and their monitoring mechanisms. The authors of the chapters, both scholars and practitioners, adopt interdisciplinary approaches that move beyond traditional analyses of ESC rights. In doing so, they clarify and illuminate multiple aspects of the law by bringing together the different aspects of ESC rights, restating the challenges they face, and assessing the progress that has been made in expanding their adoption.

Postharvest is an important element of getting fresh, high-quality fruit to the consumer and technological advances continue to outpace infrastructure. This book provides valuable, up-to-date information on postharvest handling of seven fruit and nut crops: almond, fig, peach, persimmon, pistachio, pomegranate and table grape. These crops are of particular importance in the Mediterranean region, but also to those countries that export and import these crops, where intensive economic resources are dedicated to developing information to understand and solve their postharvest problems. Written by a team of internationally-recognized postharvest experts, this manual collates and verifies essential, but often difficult to access, information on these important crops, that is pertinent to the world's agricultural economy and affects agricultural communities.

This is the first human geography social atlas of Europe to consider the European economy, culture, history and human and physical geography as a single land mass and a more unified European people. It provides an accessible overview of Europe and a human geography contribution to debates about a wide range of topics.

Twenty-five years into transformation, Central and Eastern European regions have undergone substantial socio-economic restructuring, integrating into European and global networks and producing new patterns of regional differentiation and development. Yet post-socialist modernisation has not been without its contradictions, manifesting in increasing social and territorial inequalities. Recent studies also suggest there are apparent limits to post-socialist growth models, accompanying a new set of challenges within an increasingly uncertain world. Aiming to deliver a new synthesis of regional development issues at the crossroads between 'post-socialism' and 'post-transition', this book identifies the main driving forces of spatial restructuring in Central and Eastern Europe, and charts the different regional development paths which take shape against the backdrop of post-crisis Europe. A comparative approach is used to highlight common development challenges and the underlying patterns of socio-economic differentiation alike. The issues investigated within the Handbook extend to a discussion of the varied economic consequences of transition, the social structures and institutional systems which underpin development processes, and the broadly understood sustainability of Central and Eastern Europe's current development model. This book will be of interest to academics and policymakers working in the fields of regional studies, economic geography, development studies and policy.

Why should anyone care about the medium of communication today, especially when talking about media law? In today's digital society, many emphasise convergence and seek new regulatory approaches. In Medium Law, however, the 'medium theory' insights of Harold Innis, Marshall McLuhan and the Toronto School of Communication are drawn upon as part of an argument that differences between media, and technological definitions, continue to play a crucial role in the regulation of the media. Indeed, Mac Sithigh argues that the idea of converged, cross-platform, medium-neutral media regulation is unattainable in practice and potentially undesirable in substance. This is demonstrated through the exploration of the regulation of a variety of platforms such as films, games, video-on-demand and premium rate telephone services. Regulatory areas discussed include content regulation, copyright, tax relief for producers and developers, new online services, conflicts between regulatory systems, and freedom of expression. This timely and topical volume will appeal to postgraduate students and postdoctoral researchers interested in fields such as Law, Policy, Regulation, Media Studies, Communications History, and Cultural Studies.

Health, Food and Social Inequality investigates how vast amounts of consumer data are used by the food industry to enable the social ranking of products, food outlets and consumers themselves,

and how this influences food consumption patterns. This book supplies a fresh social scientific perspective on the health consequences of poor diet. Shifting the focus from individual behaviour to the food supply and the way it is developed and marketed, it discusses what is known about the shaping of food behaviours by both social theory and psychology. Exploring how knowledge of social identities and health beliefs and behaviours are used by the food industry, Health, Food and Social Inequality outlines, for example, how commercial marketing firms supply food companies with information on where to locate snack and fast foods whilst also advising governments on where to site health services for those consuming such foods disproportionately. Giving a sociological underpinning to Nudge theory while simultaneously critiquing it in the context of diet and health, this book explores how social class is an often overlooked factor mediating both individual dietary practice and food marketing strategies. This innovative volume provides a detailed critique of marketing and food industry practices and places class at the centre of diet and health. It is suitable for scholars in the social sciences, public health and marketing.

KnowThis: Marketing Basics 2nd edition offers detailed coverage of essential marketing concepts. This very affordable book is written by a marketing professor and covers the same ground as much more expensive books while offering its own unique insights. The book takes a highly applied approach including offering over 150 real-world examples. The new edition includes enhanced coverage of numerous new developments and how these affect marketing including social networks, mobile device applications ("apps"), neuro-research, group couponing, smartphone payments, quick response codes, to name a few. The new edition also features expanded coverage of globalization, Internet and mobile networks, consumer purchase behavior and much more. The book is ideal for marketing professionals, students, educators, and anyone else who needs to know about marketing. Supported by KnowThis.com, a leading marketing resource. Contents: 1: What is Marketing? 2: Marketing Research 3: Managing Customers 4: Understanding Customers 5: Targeting Markets 6: Product Decisions 7: Managing Products 8: Distribution Decisions 9: Retailing 10: Wholesaling & Product Movement 11: Promotion Decisions 12: Advertising 13: Managing the Advertising Campaign 14: Sales Promotion 15: Public Relations 16: Personal Selling 17: Pricing Decisions 18: Setting Price 19: Managing External Forces 20: Marketing Planning & Strategy Appendix: Marketing to the Connected Customer

Volume 1 (A and B) of the Yearbook of International Organizations covers international organizations throughout the world, comprising their aims, activities and events

The Multinational Enterprise and the Emergence of the Global Factory brings together research papers authored by Peter J. Buckley, focusing on three of the most important empirical and theoretical issues in the global economy: the rise of the 'global factory'; the growth of FDI from emerging economies; recent developments in the theory of IB.

Whether you want to start a new business, or improve or diversify an existing operation, this unique text collects for the first time essential information on the demand for high-value foods, their production, marketing and quality management. Aiming to raise awareness of opportunities in high-value foods and ingredients in ACP countries, the handbook also highlights routes to access different types of value chains for these products. Clearly laid out, with helpful summaries and 'tips for success', this comprehensive publication presents numerous real-life case studies to inspire entrepreneurs to improve their production and profitability.

All fiction is character-driven, according to William Bernhardt. How can you use characters to create dynamic fiction that will captivate readers? This book explains the relationship between character and plot, and how the perfect melding of the two produces a mesmerizing story.

With carbon farming, agriculture ceases to be part of the climate problem and becomes a critical part of the solution Agriculture is rightly blamed as a major culprit of our climate crisis. But in this groundbreaking new book, Eric Toensmeier argues that agriculture—specifically, the subset of practices known as “carbon farming”—can, and should be, a linchpin of a global climate solutions platform. Carbon farming is a suite of agricultural practices and crops that sequester carbon in the soil and in aboveground biomass. Combined with a massive reduction in fossil fuel emissions—and in concert with adaptation strategies to our changing environment—carbon farming has the potential to bring us back from the brink of disaster and return our atmosphere to the “magic number” of 350 parts per million of carbon dioxide. Toensmeier’s book is the first to bring together these powerful strategies in one place, including in-depth analysis of the available research and, where research is lacking, a discussion of what it will take to get us there. Carbon farming can take many forms. The simplest practices involve modifications to annual crop production. Although many of th-

ese modifications have relatively low sequestration potential, they are widely applicable and easily adopted, and thus have excellent potential to mitigate climate change if practiced on a global scale. Likewise, grazing systems such as silvopasture are easily replicable, don’t require significant changes to human diet, and—given the amount of agricultural land worldwide that is devoted to pasture—can be important strategies in the carbon farming arsenal. But by far, agroforestry practices and perennial crops present the best opportunities for sequestration. While many of these systems are challenging to establish and manage, and would require us to change our diets to new and largely unfamiliar perennial crops, they also offer huge potential that has been almost entirely ignored by climate crusaders. Many of these carbon farming practices are already implemented globally on a scale of millions of hectares. These are not minor or marginal efforts, but win-win solutions that provide food, fodder, and feedstocks while fostering community self-reliance, creating jobs, protecting biodiversity, and repairing degraded land—all while sequestering carbon, reducing emissions, and ultimately contributing to a climate that will remain amenable to human civilization. Just as importantly to a livable future, these crops and practices can contribute to broader social goals such as women’s empowerment, food sovereignty, and climate justice. The Carbon Farming Solution does not present a prescription for how cropland should be used and is not, first and foremost, a how-to manual, although following up on references in a given section will frequently provide such information. Instead, The Carbon Farming Solution is—at its root—a toolkit. It is the most complete collection of climate-friendly crops and practices currently available. With this toolkit, farmers, communities, and governments large and small, can successfully launch carbon farming projects with the most appropriate crops and practices to their climate, locale, and socioeconomic needs. Toensmeier’s ultimate goal is to place carbon farming firmly in the center of the climate solutions platform, alongside clean solar and wind energy. With The Carbon Farming Solution, Toensmeier wants to change the discussion, impact policy decisions, and steer mitigation funds to the research, projects, and people around the world who envision a future where agriculture becomes the protagonist in this fraught, urgent, and unprecedented drama of our time. Citizens, farmers, and funders will be inspired to use the tools presented in this important new book to transform degraded lands around the world into productive carbon-storing landscapes.

This text provides insights into the nature and extent of poverty and social exclusion in the UK today for different social groups: older and younger people; parents and children; ethnic groups; men and women; disabled people; and across regions through the recent period of austerity.

This is true story about real people is set in Edinburgh City and Dundee, where a petite Scottish Lassie called Rosie Gilmour, mother to Finlay Sinclair, receives news of the death of her son - who tragically has taken his own life by hanging. Rosie pretends her son is still alive by talking to him, for that takes away the unbearable pain of her loss. But once she begins to face up to the fact that Finlay is not coming back, her conversations become more of a challenge than she can handle. When memories of her past are triggered by everyday life events, they take her mind back and forth in time - back to her own childhood days in 1960, when she flirted with the fairground boys, and to the day she gave birth to Finlay - "ME LADDIE". Rosie's Scottish accent becomes more apparent whenever her emotions are heightened and she begins to recite poetry. She goes on to reveal doubts about her own self-worth and how she re-unites her role as mother - a role she had denied herself for seven years prior to Finlay's death. Rosie learns how to forgive herself and how to accept her loss with using practical coping strategies that sometimes but not always work for her. Many voices of different natures and walks of life appear in Rosie's, story with each one offering a part of their own belief to try and console her in her misery - except that she turns her back on any advice or support offered. Rosie is convinced that she can cope with her loss on her own and "needs no help from anyone, thank you" - until a sweet, gentle, soft-spoken voice begins to travel with her throughout her ordeal, leaving her no other choice but to listen. Eventually moving to the countryside in Angus, Rosie finds the isolation gives her life a new meaning offering her the opportunity to re-value her beliefs about her own self values and decides the time has come to give her son a memorial service and invite a chosen few dance companions whom she met on a regular basis in Edinburgh to honour this day. Rosie begins to accept she will never be the same person she once had been and shall never be again, believing now her journey through grief taught her many lessons making her a stronger and better person than she imagined she could ever be.

We’re fatter, sicker and hungrier than ever, and the diet industry - with its trendy weight-loss protocols and eat-this-not that ratios of fat, carbs and protein - offers only temporary short-term solutions at the expense of our permanent long-term health. As a result, we’re trapped in a cycle of

food addiction, toxic hunger and overeating. In The End of Dieting, Dr Joel Fuhrman, a doctor and the New York Times bestselling author of Eat to Live and The End of Diabetes, shows us how to break free from this vicious cycle once and for all. Dr Fuhrman lays out in full all the dietary and nutritional advice necessary to eat our way to a healthier and happier life. At the centre of his revolutionary plan is his trademark health formula: Health = Nutrients/Calories. Foods high in nutrient density, according to Dr Fuhrman, are more satisfying than foods high in calories. They eliminate our cravings for fat, sweets and carbs. The more nutrient-dense food we consume, the more our bodies can function as the self-healing machines they’re designed to be. Weight will drop, diseases can reverse course and disappear and overall our lives can be longer and healthier. The core of The End of Dieting is an easy to follow programme that kickstarts your new life outside of the diet mill: • Simple meals for 10 days, to retrain your taste buds and detox • Gourmet flavourful recipes • A two-week programme, to flood your body with nutrients The End of Dieting is the book we have been waiting for - a proven, effective and sustainable approach to eating that lets us prevent and reverse disease, lose weight and reclaim our right to excellent health.

Now in its 147th edition Whitaker's Almanack is the definitive reference guide containing a comprehensive overview of every aspect of UK infrastructure and an excellent introduction to world politics. Available only as ebooks, Whitaker's Shorts are selected themed sections from Whitaker's Almanack 2015: portable and perfect for those with specific interests within the print edition. Whitaker's Shorts 2015: International contains extensive data (including timelines and maps) on every country of the world, the European Union, international organisations, the North and South Poles, plus information on overseas travel.

Still the best 'all round' guide for SENCOs on the market' Pippa Whittaker, Curriculum Leader for Inclusion, City Academy, Bristol The SENCO Survival Guide is an informative resource, fully updated with the new 2014 SEND Code of Practice and containing practical advice to help SENCOs manage their responsibilities and lead their school effectively towards a common goal. In light of current developments, this resource sets out the government's fresh agenda for whole school discussion and helps SENCOs in mainstream or special schools at every stage to manage changes in SEND policy and practice. With up to date information on the changes taking place to support learners with SEN and disabilities, this fully revised new edition also includes: strategies to break the cycle of SEND low achievement advice on crucial aspects of the SENCO role, including assessment, provision mapping, preparing for OFSTED, disability discrimination and equality advice on training, managing and deploying teaching assistants effectively ways in which the enhanced role of parents can be harnessed in order to achieve maximum success for learners with SEND. This book will give SENCOs the confidence, skills and knowledge to promote maximum achievement for learners with SEND in all schools, across all key stages and will support them in their role to develop and shape their schools' policies and practices on SEND. This book will also be of use to other members of staff looking for practical strategies to raise the attainment of all pupils with SEN and disabilities.

Nuts and dried fruits are part of our daily diet. They are consumed whole or as ingredients of many food products such as muffins, cereals, chocolates, energy bars, breads, and cookies, among others. Health Benefits of Nuts and Dried Fruits provides a comprehensive overview of the literature on the health benefits of nuts and dried fruits. The book summarizes the current state of knowledge in key research areas and provides ideas for future scientific research and product development. Nuts, a term that comprises tree nuts and peanuts, are highly nutritious, containing health-promoting macronutrients, micronutrients, vitamins, and bioactive phytochemicals; they are one of the edible foods with the highest content in antioxidants. The consumption of nuts is recognized for its health-promoting properties, which ranges from a consistent cholesterol-lowering effect in clinical trials to a robust association with reduced risk of cardiovascular disease and all-cause mortality in prospective studies. In spite of the high energy content of nuts, there is no evidence that their frequent consumption promotes obesity, and they may even help control it. Dried fruits, which serve as important healthful snacks worldwide, are nutritionally equivalent to fresh fruits while providing all of their bioactive components in concentrated form. While the evidence level concerning the health effects of dried fruits lags behind that on nuts, it suggests that individuals who consume dried fruits regularly have a lower risk of cardiovascular disease, obesity, and other non-communicable diseases. Main features of the book concerning nuts and dried fruits: • Provides detailed information on health effects • Highlights current regulation and health claims • Provides updated dietary recommendations • Describes nutrient absorption and metabolism • Discusses mechanisms implicated in the health effects Although this book is intended primarily as a reference, by comprehensively reviewing the current state of knowledge it can guide future re-

search on the topic. Among others, food scientists, biochemists, nutritionists, health professionals, decision makers, and regulatory agencies can draw much benefit from its contents. Hopefully, it will help in public health strategies to promote healthy aging and improve population wellbeing.

This book is one of three volumes that are an expansion of *Mycotoxins in Foodstuffs*, Second Edition, and it focuses on cocoa, coffee, fruits and fruit products, medicinal plants, nuts, spices, and wine. In addition all foodstuffs of plant origin except cereals and cereal products are covered. *Mycotoxins in Plants and Plant Products - Cocoa, Coffee, Fruits and Fruit Products, Medicinal Plants, Nuts, Spices, Wine* comprises: More than 280 new publications and 900 publications in all Each item includes "Co-contamination", showing the co-occurrence of mycotoxins in a foodstuff, where possible Each item includes "Further contamination", describing the same or further foodstuff/s with its/their mycotoxins documented, where possible Single chapter overview with all mycotoxins and their foodstuff-spectrum Single chapter overview with each single foodstuff and its mycotoxin-spectrum Separate list of the articles dealing with conventionally and organically produced foodstuffs and their mycotoxin contamination Numerical and Alphabetical Bibliography Development Challenges, South-South Solutions is the monthly e-newsletter of the United Nations Office for South-South Cooperation in UNDP ([www.southerninnovator.org](http://www.southerninnovator.org)). It has been published every month since 2006. Its sister publication, *Southern Innovator* magazine, has been published since 2011. Contact the Office to receive a copy of the new global magazine *Southern Innovator*. Issues 1, 2, 3, 4 and 5 are out now and are about innovators in mobile phones and information technology, youth and entrepreneurship, agribusiness and food security, cities and urbanization and waste and recycling. Why not consider sponsoring or advertising in an issue of *Southern Innovator*? Or work with us on an insert or supplement of interest to our readers? Follow @SouthSouth1.

Microorganisms are essential for the production of many foods, including cheese, yoghurt, and bread, but they can also cause spoilage and diseases. *Quantitative Microbiology of Food Processing: Modeling the Microbial Ecology* explores the effects of food processing techniques on these microorganisms, the microbial ecology of food, and the surrounding issues concerning contemporary food safety and stability. Whilst literature has been written on these separate topics, this book seamlessly integrates all these concepts in a unique and comprehensive guide. Each chapter includes background information regarding a specific unit operation, discussion of quantitative aspects, and examples of food processes in which the unit operation plays a major role in microbial safety. This is the perfect text for those seeking to understand the quantitative effects of unit operations and beyond on the fate of foodborne microorganisms in different foods. *Quantitative Microbiology of Food Processing* is an invaluable resource for students, scientists, and professionals of both food engineering and food microbiology.

The definitive organization management text for executives and aspiring business leaders *Organization: Contemporary Principles and Practices*, Second Edition is the completely updated and revised landmark guide to "macro" organization theory and design, fully grounded in current international practice. International management expert John Child explores the conditions facilitating the development of new organizational forms and provides up-to-date coverage of the key developments driving new organization structure and practice. This revised Second Edition includes a new introductory section on Organization Theory as well as a complete Instructor Manual updated with new material on the basic principles of organizational design. With detailed case studies and examples from throughout the UK, Europe, Asia and North America, *Organization* provides a truly international overview for advanced students and business executives who want to be at the forefront of the evolution in Organization Theory. 21st Century organizations will be faced with entirely new challenges and opportunities than those faced by previous generations, and emerging business leaders must understand the new "macro" realities in order to succeed. *Organization* will help readers: Understand the "macro" organization, which is distinct from organizational behaviour Explore the way organizations fit into the international business environment and global economy Analyze the way organizational structure and design affect management performance Apply advanced organization theory and principles to day to day management activities Written by one of the foremost scholars, the fully updated Second Edition of this successful text provides executives and advanced business students with a wide-ranging and trustworthy guide to organizations as the conditions for their survival in our global business environment change.

Nuts, including peanuts, have always been an important part of the human diet. They are nutrient-dense food products containing health-friendly lipids, beneficial phytonutrients, and other essential

vitamins and minerals. Basic, clinical, and epidemiological research is now being directed towards understanding the mechanisms by which nuts influence human health and developing dietary guidelines for their optimum consumption. Research is also being directed towards the issues of fungal contamination of nuts, associated risks to human health, and methods of minimizing such risks. This book addresses these topics in chapters written by international experts in the field. The easy-to-use resource for growing healthy, resilient, low-maintenance trees, shrubs, vines, and other fruiting plants from around the world—perfect for farmers, gardeners, and landscapers at every scale. Illustrated with more than 200 color photographs and covering 50 productive edible crops—from Arctic kiwi to jujube, medlar to heartnut—this is the go-to guide for growers interested in creating diversity in their growing spaces. "[Levy and Serrano] go way beyond the standard fare. . . . With their help, you'll be growing persimmons, currants and hazelnuts in no time."—*Modern Farmer* Cold-Hardy Fruits and Nuts is a one-stop compendium of the most productive, edible fruit- and nut-bearing crops that push the boundaries of what can survive winters in cold-temperate growing regions. While most nurseries and guidebooks feature plants that are riddled with pest problems (such as apples and peaches), veteran growers and founders of the Hortus Arboretum and Botanical Gardens, Allyson Levy and Scott Serrano, focus on both common and unfamiliar fruits that have few, if any, pest or disease problems and an overall higher level of resilience. Inside *Cold-Hardy Fruits and Nuts* you'll find: Taste profiles for all fifty hardy fruits and nuts, with notes on harvesting and uses Plant descriptions and natural histories Recommended cultivars, both new and classic Propagation methods for increasing plants Nut profiles including almonds, chestnuts, walnuts, and pecans Fertilization needs and soil/site requirements And much more! With beautiful and instructive color photographs throughout, the book is also full of concise, clearly written botanical and cultural information based on the authors' years of growing experience. The fifty fruits and nuts featured provide a nice balance of the familiar and the exotic: from almonds and pecans to more unexpected fruits like maypop and Himalayan chocolate berry. *Cold-Hardy Fruits and Nuts* gives adventurous gardeners all they need to get growing. Both experienced and novice gardeners who are interested in creating a sustainable landscape with a greater diversity of plant life—while also providing healthy foods—will find this book an invaluable resource.

This seminal edited collection examines the impact of austerity and economic crisis on European cities. Whilst on the one hand the struggle for competitiveness has induced many European cities to invest in economic performance and attractiveness, on the other, national expenditure cuts and dominant neo-liberal paradigms have led many to retrench public intervention aimed at preserving social protection and inclusion. The impact of these transformations on social and spatial inequalities - whether occupational structures, housing solutions or working conditions - as well as on urban policy addressing these issues is traced in this exemplary piece of comparative analysis grounded in original research. *Unequal Cities* links existing theories and debates with newer discussions on the crisis to develop a typology of possible orientations of local government towards economic development and social cohesion. In the process, it describes the challenges and tensions facing six large European cities, representative of a variety of welfare regimes in Western Europe: Barcelona, Copenhagen, Lyon, Manchester, Milan, and Munich. It seeks to answer such key questions as: What social groups are most affected by recent urban transformations and what are the social and spatial impacts? What are the main institutional factors influencing how cities have dealt with the challenges facing them? How have local political agendas articulated the issues and what influence is still exerted by national policy? Grounded in an original urban policy analysis of the post-industrial city in Europe, the book will appeal to a wide range of social science researchers, Ph.D. and graduate students in urban studies, social policy, sociology, human geography, European studies and business studies, both in Europe and internationally.

As tree nuts and peanuts become increasingly recognised for their health-promoting properties, the provision of safe, high quality nuts is a growing concern. Improving the safety and quality of nuts reviews key aspects of nut safety and quality management. Part one explores production and processing practices and their influence on nut contaminants. Chapters discuss agricultural practices to reduce microbial contamination of nuts, pest control in postharvest nuts, and the impact of nut postharvest handling, de-shelling, drying and storage on quality. Further chapters review the validation of processes for reducing the microbial load on nuts and integrating Hazard Analysis Critical Control Point (HACCP) and Statistical Process Control (SPC) for safer nut processing. Chapters in part two focus on improving nut quality and safety and highlight oxidative rancidity in nuts, the

impact of roasting on nut quality, and advances in automated nut sorting. Final chapters explore the safety and quality of a variety of nuts including almonds, macadamia nuts, pecans, peanuts, pistachios and walnuts. Improving the safety and quality of nuts is a comprehensive resource for food safety, product development and QA professionals using nuts in foods, those involved in nut growing, nut handling and nut processing, and researchers in food science and horticulture departments interested in the area. Reviews key aspects of nut safety and quality management and addresses the influences of production and processing practices on nut safety Analyses particular nut contaminants, safety management in nut processing and significant nut quality issues, such as oxidative rancidity Places focus on quality and safety in the production and processing of selected types of nuts

The aim of this Handbook is to take stock of regional competitiveness and complementary concepts as a means of presenting a state-of-the-art discussion of the contemporary theories, perspectives and empirical explanations that help make sense of the determinants of uneven development across regions. Drawing on an international field of leading scholars, the book is assembled and organized so that readers can first learn about the theoretical underpinnings of regional competitiveness and development theory, before moving on to deeper discussions of key factors and principal elements, the emergence of allied concepts, empirical applications, and the policy context.

This volume presents an analysis of the Erasmus+ funding process. It examines the first 3 years of the programme to discover if the funds are being distributed homogeneously throughout the regions of France, Germany, Italy, Spain and the United Kingdom. If it turns out that funds are being unevenly delivered this could result in an inequity situation: students living in specific regions might have greater chances to benefit from KA102 funds, while other students might have fewer opportunities to benefit from these funds. The book looks in detail at the implementation and performance of the various programmes within Erasmus+, the funds and distribution of these funds, and the number of students in the programmes. The book studies these five countries because they contain more than half of all the vocational education and training students in the European Union. Also, these countries had the most students participating in mobilities during the previous Leonardo da Vinci programme. Hence, it is to be expected that the conclusions drawn in this study are representative of the situation of VET mobilities and Erasmus+ funding in Europe. Erasmus+ is the European programme in charge of fostering the development of transnational programmes in the areas of education, training, sports and youth policies. It is focused on the adaptation to a fast changing world, tackling youth unemployment, and preparing workers for highly skilled jobs. Erasmus+ integrates former programmes such as the Lifelong Learning Programme, Youth in Action, and the various international Higher Education and Sports programmes. It started in 2014 and will be active until 2020.

Macro-regional strategies seek to improve the interplay of the EU with existing regimes and institutions, and foster coherence of transnational policies. Drawing on macro-regional governance and Europeanization, this edited volume provides an overview of processes of macro-regionalization in Europe displaying evidence of their significant impact.

With a fresh new design and feel inspired by innovations in tablet technology, the latest *GUINNESS WORLD RECORDS* book presents thousands of new and updated records, along with hundreds of amazing never-before-seen photographs. The 2015 edition showcases the very best of the most recent world records, with new subjects as diverse as castles, 3D printing, the search for alien life and the latest developments in AI and robotics. Plus, the *Flashback* features offer a look back at the archives to bring you the best of the classic and iconic records from the past 60 years. Meanwhile, the *Gallery* spreads present the best *GUINNESS WORLD RECORDS* photography across themed topics such as giant musical instruments, wacky vehicles and animals in action. And look out for details of how readers can become record-breakers themselves.

This book is a resource for children, parents and teachers who want to start a nature club to help children reconnect with the outdoors. The book provides abundant ideas for excursions in nature, stewardship projects and fun outdoor activities. If you are thinking of starting a nature club, this is a must-have resource! This book has been endorsed by Richard Louv, who wrote "Mariah Moss's wonderful book, *Girls go Nuts for Nature*, is the best, most inspiring guide for kids (and parents) who want to start a nature club. Great photos, terrific writing - and Mariah's own spirit demonstrates how the gifts of nature make us whole." Photographs by: Suzanne Moss. Edited by: Alaurah Moss.